



The Catholic
Archdiocese
of Edmonton



Celebrate the Feast of St. Joseph – March 19th

Saint Joseph can be seen as the saint of everyday life, to whom one turns for help with both minor worries and at life-defining moments. Traditionally, one confides to the care of Saint Joseph issues related to family, work, health, death and material needs.

Saint Brother André, the founder of Saint Joseph's Oratory in Montreal, had boundless trust in Saint Joseph, his friend and guide. Based on a devotion to Saint Joseph that was practiced in France, Saint Brother André took a bit of oil from a lamp that was burning in front of a statue of Saint Joseph. He offered it to sick people telling them to rub it on their aching body and to pray to Saint Joseph for relief. In time, prayer was added alongside the oil. The Saint Joseph Oil Novena is now offered by the Oratory every year, ending on the Feast of Saint Joseph.

But you don't have to go to Montreal to receive the blessings and graces offered by the Novena.

To celebrate the Feast of St. Joseph and Jubilee 2025, you are invited to make a “pilgrimage of the heart” by participating in the Saint Joseph Oil Novena here at home.

This novena is intended to end on St. Joseph's Feast Day, March 19th, but you can start any time you like.

St. Joseph Oil Jubilee Novena Instructions

Step 1: Get the oil.

There are three ways you can get the oil for this Novena:

- 1) Make your own: Simply place a small amount of olive or vegetable oil from your kitchen in a container (a small Tupperware container is suggested). You should use enough oil anoint your heart for each of the nine days of the novena.
- 2) Order the oil from Saint Joseph Oratory by going to its website at saint-joseph.org and clicking on *Online Shop*.
- 3) The following institutions, who are under the patronage of St. Joseph, will be making vials of St. Joseph Oil and Novena available on March 19th. (Note: Supplies are limited.)
 - Carmel of St. Joseph, Spruce Grove

- St. Joseph's Basilica, Edmonton
- St. Joseph's College, University of Alberta
- St. Joseph parish, Killiam
- St. Joseph parish, Wabamun
- St. Joseph the Worker parish, Caroline

Step 2: Get the Saint Joseph Oil Novena prayer.

There are two ways to get the prayer:

- 1) Make your own prayer card with the prayer below.

*O Glorious St. Joseph, with your chaste and gentle heart,
you responded to God's call to care for the Blessed Virgin Mary,
and Jesus, the only Son of God.
As I anoint my heart with your oil,
I pray that you may make my heart like your own:
just and righteous when it feels broken;
determined and steadfast in times of danger;
gentle and generous towards the vulnerable;
and faithful and hopeful along the pilgrimage of life.
Our Father... Hail Mary... Glory Be... Amen.*

- 2) Download the Novena prayer from the [Jubilee page on the Archdiocese website](#). Print the PDF double-sided. Cut along the dashed line to make four novena prayers per page.

Step 3: Watch the instructional video

[Click here to watch the video on YouTube](#)

OR

Go to YouTube and search: St. Joseph Oil Jubilee Novena ArchEdmonton

Step 4: Pick a day and start your Novena!

May the prayers of St. Joseph assist us all in our Lenten journey.

Disclaimer: Saint Joseph Oil is not a substitute for medical treatment. It must be viewed as a gesture of faith. Do not swallow oil. Do not anoint a break in the skin. If oil shows signs of spoilage, do not use it.