



The Catholic
Archdiocese
of Edmonton

Joy in Christ
100 Jubilee
1912-2012

Jubilee 100 Biography Project

Biography of Brian and Kathy Inglis

Submitted by Our Lady of the Assumption Parish, Sylvan Lake

Brian and Kathy Inglis grew up in Calgary, attended the same parish, St. Joseph, and both graduated from St. Francis High School in 1964 and 1965 respectively. They both went on to study at the University of Calgary and then the University of Alberta, where Brian completed his medical degree and Kathy completed a Science degree in Education. Involvement and awareness of the needs of others came naturally from their family backgrounds and the culture of the time, which asked young people to make a difference. During her university years, Kathy regularly took the mentally handicapped youth of the parish for catechism classes each Sunday morning. Brian's social conscience was being developed by the books of Dr. Tom Dooley and his call to serve overseas.

Dr. Brian and Kathy Inglis have been involved in the parish and community life of Sylvan Lake since 1978. Since arriving in Sylvan Lake they have taken on many roles in the parish, including serving on Parish Council and its sub-committees, CWL, and as catechists. In the town Brian chaired the Community Centre Building Committee and Kathy helped initiate and run a Mother's Time Out program. During this time Brian ran a full-time medical practice in a town without a hospital. They were raising a family of four children, two of whom were born in the early years of their arrival.

Kathy's strong sense of concern for others led her to spearhead a group looking to address charity and justice needs in Sylvan Lake. This led to the formation of "Care and Share," a Community Program that exists to this day.

Inspired by his previous medical experiences with CUSO, in Kilosa, Tanzania, in 1972-73, Brian and his family moved in 1984 to Malawi, where they worked for the Catholic Medical Mission Board. Their four children accompanied them for their six months at the Mlambe Mission hospital in Lunzu. From 2000 to 2002, Brian and Kathy returned to Africa with the same organization to serve at St. Mulumba Hospital in Thika, Kenya. Kathy worked as a volunteer teacher at a girls' secondary school and was able to initiate a sacramental program for the Catholic boarding school girls.

Many other community organizations have benefited from their efforts to improve children's well-being and opportunities. Brian coached basketball for about 20 years and worked diligently to expand the local T-ball and softball programs. Kathy was a member of the team that advocated for and eventually brought a school band program to Sylvan Lake.

After working for a number of years as a high school teacher for Red Deer Catholic Schools, Kathy became the Faith Coordinator when that position was created. She also served a number of terms on the Executive of the Alberta Teacher Association's Religious and Moral Education Council. Her many courses from Newman Theological College, including her Master's in Religious Education, have benefited our parish in many different ways. She has led Bible Studies, the Nothing More Beautiful group, volunteered as a catechist, and for music ministry. Although retired from the school division she is still involved and has helped rewrite the program of studies for High School Religion Courses.



Brian's volunteer efforts have extended to the larger regional community, particularly with Medical Associations and Committees. Currently, although semi-retired, he works on a Provincial Ethics Review Committee for Medical Research Studies and is involved in the work to obtain an Urgent Care Facility for our town. He is presently chair of our Land and Building Committee and sits on our Parish Financial Team. In describing their own contributions, Brian and Kathy have called themselves blessed by God with gifts that they are called to share. Our Lady of the Assumption Parish is thankful to be recipients of their efforts.