

Monday May 6, 2013: Building Strong Step-Families

Topic: Dr. Zolner will speak on some of the best practices for helping children and spouses adapt to a new married life. Blending families is not easy; during this workshop, discussion will be had on some of the concerns for blended families and the helpful resources available to spouses and families to aid the transition and develop strong life-long bonds.



Biography: Dr. Theresa Zolner is a clinical researcher, author, and psychologist in the province of Alberta. She also holds the position of Associate Professor of Psychology at The King's University College in Edmonton, where she teaches courses relating to research and practice in clinical, research, and developmental psychology. She is a registered member of the Alberta College of Psychologists and operates Makarios Psychological Consulting Services, which is a private practice in child and family psychology, assessment services, and psychological consulting. Dr. Zolner works extensively with high-risk youth and also performs consultation on matters pertaining to psychological assessment and the courts. She has done considerable work with forensic psychological assessment in the areas of parenting and custody, as well as addictions, student integration into the schools, and psychotherapy. Dr. Zolner has retained a life-long interest in working with people who have been affected by discrimination, oppression, or objectification in various forms. In the past, she headed up a three-year pilot clinical research institute that worked to help improve the lives of First Nations children in Saskatchewan affected by residential schools, homelessness, street life, and the foster care system. She has dedicated much of her professional career to working with persons of First Nations heritage, particularly youth living in high-risk circumstances. She also does scholarly work on Eastern European cultural settlement in Canada and has a special interest in child and family spirituality and religion, faith-based parenting, Eastern Christian and patristic psychology, as well as rural psychology.