

Discussion questions – Part One

1. What aspect of the Mass / Eucharist speaks to you the most?
2. What does “sacrifice” mean to you? In what ways are the images of “Broken Body (bread)” and “Blood poured out” mirrored in your life?
3. Think of an occasion when you felt that Christ particularly touched you or transformed you through your reception of the Eucharist?



Discussion questions – Part Two

1. What is your primary focus when you receive the Eucharist?
2. Our faith is living and active enough for us to live as Jesus lived and to love one another as he loved us: do you have any experiences to reflect these words?
3. Jesus said, “ those who eat my flesh and drink my blood abide in me and I in them (John 6:54). In what ways are you conscious of abiding in Jesus? In what ways do you recognize that He is abiding in you?